

## ABSTRACT

First and second optical heads (3A, 3B) are disposed on the same side with respect to a plane including a disk surface. Then, a media tray (19) on  
5 which a disk is mounted is moved within a plane substantially parallel with the disk surface. Using two optical heads (3A, 3B) selectively, recording and/or reproducing is performed with respect to the optical disk. The height of a disk apparatus does not increase, and signal lines connected to the  
10 optical heads (3A, 3B) are not forced to bend.